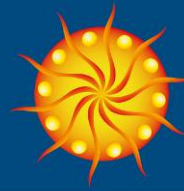




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SA & NT • DTSC
South Australia
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Dementia Training
Study Centre

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PROFESSIONAL DEVELOPMENT OPPORTUNITY FOR HEALTH PROFESSIONALS

Dementia Workshops – International Guest Speakers

Adelaide – August 2009

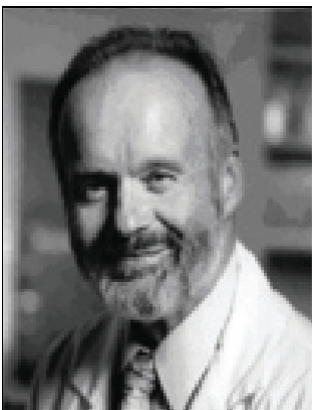
Recommended for:

Health professionals qualified and/or seeking to be qualified at a tertiary level including doctors, nurses, occupational and diversional therapists, physiotherapists, psychologists, social workers, speech pathologists, and students.

GUEST SPEAKERS



Joyce Simard MSW has been involved in long-term care for over 30 years. Ms Simard received her master's degree in social work from the University of Minnesota and has spent the majority of her career in the private sector. She has worked for many major healthcare corporations as dementia specialist for both skilled nursing facilities and assisted living communities. Ms Simard is now a private consultant dividing her time between the United States and the Czech Republic. Ms. Simard has written numerous articles on issues related to dementia care and authored two books. One is a children's book to help them understand issues related to aging and Alzheimer's disease. "The Magic Tape Recorder" was published in 2007. She also wrote "The End of Life Namaste Care Program for People with Dementia" that describes a unique program she developed for people with advanced dementia. Ms. Simard is a nationally and internationally recognized speaker on subjects related to quality of life for people with dementia.



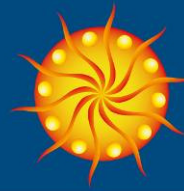
Ladislav Volicer MD, PhD, FAAN, FGSA received the Doctor of Medicine degree from Charles University School of Medicine and the Doctor of Philosophy degree in Pharmacology from the Czechoslovak Academy of Sciences. Twenty years ago Dr Volicer established one of the first Dementia Special Care Units at the Edith Nourse Rogers Veterans Administration Hospital, Bedford, Massachusetts, and introduced the concept of structured palliative care for patients with advanced dementia. Goals of care on this unit were quality of life, dignity and comfort instead of prolongation of life at all costs. Dr Volicer has investigated various aspects of dementia care, including behavioural symptoms, medical complications and eating difficulties.

Dr Volicer is recognized as an international expert on advanced dementia care and has published over 200 articles and chapters, and edited four books on clinical management of dementia.

More over page →



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WORKSHOPS

Workshop 1: 9:30am to 12:30pm on Monday, 3rd August 2009

“Quality of life for people with mild and moderate dementia”, including the following:

- dementia prevention, medications and behavioural management
- outline of behavioural symptoms of dementia
- the difference between agitation and resistiveness to care
- the importance of treatment of depression
- effectiveness of program for caregivers in decreasing stress and delaying institutionalization
- two activity programs: The Memory Enhancement Program & The Club (criteria for participation and the staff necessary and supplies need to implement the programs will be explained. Examples of various meaningful activities will be shown and case examples illustrated to demonstrate the benefits of the programs).

Workshop 2: 1:30pm to 4:30pm on Monday, 3rd August 2009

“Quality of life for people with advanced and terminal dementia”, including the following:

- Medical issues and palliative care in advanced dementia including intercurrent infections and eating difficulties, and the limitation of antibiotic therapy outlined.
- Strategies for management of food refusal will be explained.
- Non-pharmacological and pharmacological strategies for prevention of aspiration resulting from choking will be delineated.
- The disadvantages of tube feeding in advanced dementia will be described.
- It will be stressed that advanced dementia is a terminal illness for which palliative care approaches may be appropriate.
- Namaste Care is a program developed for people with advanced dementia or who are unable or unwilling to be involved in activity programs. The various components of Namaste Care will be described including criteria for participating in the program, staffing, and supplies needed and steps to implement the program. Care studies and research results will describe how Namaste Care improved the quality of life at the end-of-life for residents who participate in the program.

Workshop 3: 5:30pm to 9:00pm on Wednesday, 5th August 2009

Informal workshop/cocktail event

“Quality of Life for People with Dementia”

This evening workshop is an informal opportunity to further your knowledge in dementia care focussed on “Quality of Life for People with Dementia”, incorporating the issues outlined in the dot points above for Workshops 1 and 2.

At this event you will find ample opportunity to engage in interactive discussion with our guest speakers, Ms Simard and Dr Volicer regarding their research findings and care programs, over a glass of wine and light refreshments.

Limited spots available for this event so register early!

VENUE for all 3 workshops is:

Alzheimer's Australia SA (Seminar Room), 27 Conyngham Street, Glenside 5065.

Parking is available at the venue or in Conyngham Street.

REGISTRATION FORM on next page →

PROGRAM

Monday 3rd August 2009

Workshop 1: 9:30am to 12:30pm

Workshop 2: 1:30pm to 4:30pm

A light lunch will be provided for those attending both sessions.

Wednesday 5th August 2009

Workshop 3 – 5:30pm to 9:00pm

Light refreshments will be provided for this evening workshop

REGISTRATION

Please complete the registration form below.

Registrations close 1 week before workshop date, i.e. close of business on 29th August 2009

There is no cost to participants. These workshops are funded by the Australian Government as part of the Dementia Training Study Centres for Health Professionals Project.

Registration is essential as places are limited. Please advise if you need to cancel your registration.

REGISTRATION FORM

One form per person, please photocopy for multiple use.

Name:			
Organisation:			
Contact details:	Phone b/h:		
	Phone a/h:		
	Email:		
In accordance with Alzheimer's Australia SA Inc Privacy Policy any details you supply will be secure and remain confidential.			
Discipline: <i>(Required for reporting to funding body.)</i>	<input type="checkbox"/> Doctor/specialist	<input type="checkbox"/> Social Worker	
	<input type="checkbox"/> Nurse	<input type="checkbox"/> Speech Pathologist	
	<input type="checkbox"/> Occupational Therapist	<input type="checkbox"/> Other, please specify: _____	
	<input type="checkbox"/> Physiotherapist	<input type="checkbox"/> Student: <input type="checkbox"/> Post-graduate	
	<input type="checkbox"/> Psychologist	<input type="checkbox"/> Under-graduate	
Course:	Monday 3rd August 2009		
	<input type="checkbox"/> Workshop 1 – 9:30am to 12:30pm <input type="checkbox"/> Workshop 2 - 1.30pm to 4.30pm A light lunch will be provided to participants attending both sessions.		
	Wednesday 5th August 2009		
	<input type="checkbox"/> Workshop 3 – 5:30pm to 9:00pm Light refreshments will be provided for this evening workshop		
	Please indicate any special dietary requirements: _____		
For further details, please contact: The SA & NT DTSC ph: 8372 2100; email: dtsc@alzheimerssa.asn.au			
Please forward completed registration form no less than five working days before course commencement to: SA & NT DTSC, c/o Alzheimer's Australia SA Inc, 27 Conyngham Street, Glenside, 5065; fax: (08) 8338 3390; email: dtsc@alzheimerssa.asn.au			

Training to care for people with dementia

South Australia and Northern Territory Dementia Training Study Centre

Led by Alzheimer's Australia SA Inc in partnership with Aged and Community Services SA & NT Inc, Batchelor Institute of Indigenous Tertiary Education, Charles Darwin University, ECH Inc, Flinders University, Masonic Homes Inc, South Australian Government: Department of Health, Southern Adelaide Health Service: Flinders Medical Centre, The University of Adelaide, and University of South Australia.