



tafeSA

CONNECTING PEOPLE AND PLANTS

HORTICULTURAL THERAPY SYMPOSIUM 2009

When:

Friday 30th to Saturday 31st October 2009

Time:

8.30am – 5pm

Where:

Urrbrae TAFE SA
505 Fullarton Road
Netherby
URRBRAE SA

Program:

Fri 30/10

8:30-5pm HT Garden Tour
Cost: \$45, includes tour and bus

Sat 31/10

8:30-5pm HT Symposium
Cost:
HTSA & PLA Members \$60
Non Member \$100
Concession \$40

Join HTSA for \$50/yr to receive
Symposium discount

7pm HT Symposium Dinner
Torrens Arms Hotel
Belair Road, Torrens Park
Cost: \$30 for 2 courses

**TO REGISTER ONLINE
CLICK HERE**

Accommodation:

HTSA has negotiated Symposium rates at:

Jasper Motor Inn
17 Jasper St, Hyde Park
Rate: \$80 - \$118 per night twin share

The Sands
198 Glen Osmond Rd, Fullarton
Rate: \$75 per double, \$70 per single

Information:

Contact:
HTSA Secretary – Glenda Williams
Phone: 0409 186 339
Email: Horticultural.therapy.sa@gmail.com

Following on from the success of Horticultural Therapy South Australia's 2007 Horticultural Therapy Symposium, HTSA is bringing you another bumper event.

2 DAY EVENT

OCTOBER 30 – 31, 2009

Horticultural Therapy is not only an emerging profession; it is a time-proven practice. The therapeutic benefits of peaceful garden environments have been understood since ancient times.

Horticultural Therapy uses garden related activities to heal social, cognitive, physical and psychological issues as well as enhancing general health and well-being.

Physical environments can be designed to reduce stress, increase creativity, improve health, and to support people's welfare.

Healing, therapeutic and sensory gardens are used just as much today, as in times gone by, to heal, rehabilitate and to provide sanctuary.

This stimulating seminar will showcase successful SA and Interstate Horticultural Therapy programs from a wide range of disciplines.

It will explore the challenge of providing and designing therapeutic landscapes to meet specific needs, programs and agendas.

It will also educate all about the value of Horticultural Therapy and to encourage discussion and networking between program practitioners, carers, designers and all garden lovers.

**FRIDAY 30/10
SATURDAY 31/10**

**GARDEN TOUR
SYMPOSIUM**

KEYNOTE SPEAKER

- **STEVEN WELLS**
"GARDENING WITH A PURPOSE"

Steven is a qualified horticulturalist who established a horticultural therapy program within the Acquired Brain Injury Unit at Royal Talbot, where he has designed and developed The Friends Sensory Garden. The garden was recently featured on "Gardening Australia".

Proudly Supported by Parks and Leisure Australia





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Program:

Fri 30th Oct HT Garden Tour

- 8:30 Registration
- 9:00 Bus Leaves Urrbrae Tafe
- 10:00 Duck Flat Community/Sensory & Therapy Garden at Mt Barker Hospital
- 12.00 Lunch
Please bring something to share
- 1:30 Picket Fence Community/Sensory Garden, St Mary's
- 3.30 Lutheran Therapy/Sensory Garden
- 5:00 Arrive Back at Urrbrae Tafe

Cost: \$45, includes tour and bus

Saturday Oct 31st Horticultural Therapy Symposium

- 8:30 Registration
- 9:00 Welcome
- 9:30 Keynote Speaker
Horticultural Therapy: Gardening with a Purpose
Steven Wells, Royal Talbot VIC
- 10.30 Morning Tea
- 11.00 Gardens for Wellbeing from a Planning/Community Perspective
Simon Bradley, Burnside Council
- 12:00 Healing and Therapy Gardens at Home
Tara Graham, Outhouse Design
- 12.30 Sharing our Gardens with Native Habitat
James Smith, FauNature
- 1.00 Lunch
Provided by Tafe SA
- 2.00 Case Study 1: Garden Mosaics for Horticultural Therapy
Sally Alexander
- 2.30 Case Study 2: Resthaven Paradise Mobility and Rehabilitation Garden
Grant Edwards, Resthaven
- 3.00 Case Study 3: Gardening for Mental Illness at Diamond House
Cheryl Zucker, Diamond House
- 3.30 Afternoon Tea
- 4.00 Case Study 4: Stephanie Alexander Garden at Stirling Primary School
Bianca Laister and Karyn Duance
- 4.30 Case Study 5: Recovery from Illness at Duck Flat Community Garden
Chris Banks and Tess Minnett
- 5.00 Closing Address

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