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Centre of Excellence in Aged  
and Community Care Education

## EDUCATION PROGRAM

July 2007 - June 2008



The RDNS Education Centre holds ISO 9001:2000 accreditation and is a  
Registered Training Organisation (RTO).



## Short Courses

### Wound Management \$700

Designed to provide participants with practical skills in the area of wound management. Each day of the course has a separate focus. A range of experts have been invited to participate, including specialist nurses and allied health professionals.

**9am to 4.30pm** .....24, 25, 26, 29 & 30 Oct 07  
**OR** ..... 28, 29 Feb 3, 4 & 5 March 08

**Fundamentals of Wounds & Wound Healing** ..... 24 Oct 07 or 28 Feb 08

**Wound Care Applications & Principles** ..... 25 Oct 07 or 29 Feb 08

**Spectrum of Wound Ulcers** ..... 26 Oct 07 or 3 Mar 08

**Management of Complicated Wounds**.....29 Oct 07 or 4 Mar 08

**Acute Wounds & Considerations** .....30 Oct 07 or 5 Mar 08

**9am to 4.30pm** ..... **\$140 per day**

### Palliative Care \$560

Designed to allow the participant to explore current issues and provide practical skills to assist in the delivery of holistic palliative care. Each day of the course has a separate focus. A range of experts have been invited to participate in the course, these include specialist nurses, medical practitioners and counsellors.

**9am to 4.30pm** ..... 15, 16, 19, 20 Nov 07  
**OR** ..... 1, 2, 5 & 6 May 08

**Introduction to Palliative Care** .....15 Nov 07 or 1 May 08

**Palliative Care and Cancer** .....16 Nov 07 or 2 May 08

**Clinical Management in Palliative Care**  
**Part 1** .....19 Nov 07 or 5 May 08  
**Part 2** .....20 Nov 07 or 6 May 08

**9am to 4.30pm** ..... **\$140 per day**

### Contenance Series \$420

This 3 day series will include information which explores 3 broad themes in continence management. Experts in continence management will provide each session.

**9am to 4.30pm** ..... 21, 22, 23 May 08

**Assessment & Practical Skills** .... 21 May 08

**Evidence Based Practice** ..... 22 May 08

**Professional Issues** ..... 23 May 08

**9am to 4.30pm** ..... **\$140 per day**

## One Day Tantalisers

### Medication Management for Nurses Advanced Practice \$165

Designed for the advanced practitioner, tackling complex approaches to medication delivery such as insulin pumps, pens and devices, PCA management, epidural and port administration and vascular access devices such as ports and PICC's. A hands-on and experiential approach makes this workshop a must for all RN's involved in medication management.

**9am to 4.30pm** ..... 25 July 07

### Implementing Physiotherapy Care Plans in Aged Care \$165

The Accreditation Guidelines require staff to be trained in all aspects of their roles in aged care. This course will increase the participants understanding of some of the effects of physical ageing, lack of exercise and immobility. The principles of active and passive exercises will be discussed, with practical training in exercises commonly included on physiotherapy care plans. Accreditation and funding guidelines, risk management, basic manual handling relevant to the implementation of physiotherapy care plans will also be included. This is a course designed for physiotherapists' new to the area of Aged Care, care workers and therapy assistants, delivered by an experienced Aged Care Physiotherapist.

**9am to 4.30pm** .....24 Aug or 23 Nov 07

### RN Trainers Forum \$280

This forum is designed for those RN's who are currently involved with training careworkers in both the Aged Care and Disabilities sector. This two day forum will provide the participant with the opportunity to refresh skills in the following areas: Tracheostomy Management, PEG Feeds, Stoma Care, Wound Management and Diabetes Care.

**9am to 4.30pm** ..... 30 & 31 Aug 07

### Contemporary Issues in Wound Management \$165

An essential update for Nurses who are managing wound care.

- Nutritional implications for wound care
- Best practice vs protocol based wound management

**9am to 4.30pm**.....30 Nov 07

## One Day Tantalisers *continued..*

### Diabetes Refresher Day \$95 Adelaide Entertainment Centre

Suitable for RN's, EN's and Aboriginal Health workers providing care for people with diabetes in residential facilities, nursing homes, the community or hospitals. There are two streams, one presenting clinical skills including insulin therapy and wound care. The other stream presents topics focussing on considerations for future care.

**9am to 4.30pm** ..... 7 Dec 07

### A Clinical Cacophony for Aged Care Nurses \$165

Grab your attention?? Essential for any Registered or Enrolled Nurse who works in an Aged Care facility or the community. Review how to assess and manage common conditions such as chest pain, CCF, pneumonia, COPD, UTI's and head injuries.

**9am to 4.30pm** ..... 2 April 08

### Diabetes Day \$140

Commencement of insulin for a person with Type II Diabetes is often seen by the individual as a sign of failure. This one day workshop will discuss strategies for empowering this group of clients to take control of their diabetes. Participants will be provided with the opportunity to discuss with the Diabetes Educator the current best practice in achieving excellent outcomes for this growing group of clients. All RN's and EN's involved in the care of this client group should make attendance at this workshop a priority!

**9am to 4.30pm** ..... 30 April 08

### Infection Control \$140

Are you seen as the infection control expert in your organisation? Would you like the opportunity to meet with your peers and discuss infection control issues? Are you involved with setting up an infection control program in your workplace? This workshop is designed to refresh the participant's knowledge in the area of infection control in community and Aged Care. Presented by recognised leaders in infection control.

**9am to 4.30pm** ..... 18 June 08

## On-line Courses

Keep an eye out for our up and coming online education opportunities on [www.rdnseducation.edu.au](http://www.rdnseducation.edu.au)

**Expressions of interest now being sought for Wound Management Course.**

## Symposiums

### Tricky Applications of Wound Products

\$80

Does the plethora of Wound Care Products leave you confused? Are you unsure of which product group is the most appropriate choice for your client/resident/patient? If you have answered yes to any of these questions then this is a must attend workshop for all those involved in wound management. Participants will have the opportunity to develop important collegial networks while being updated with best practice strategies for wound product selection ensuring excellent outcomes for the client/resident/patient.

1.30pm to 4.30pm ..... 22 Aug 07

### ABPI Workshop

\$80

A thorough clinical assessment of a wound is the foundation of wound management practice. This ensures that the underlying aetiology of the wound is identified before a management regimen is implemented. An Ankle Brachial Pressure Index (or Doppler Assessment) is one of the assessment tools that is often used in conjunction with clinical wound assessment. This workshop will provide participants with both the theoretical and practical skills required to undertake this specialised assessment and is designed to suit all nurses involved in wound management.

1.30pm to 4.30pm ..... 13 Nov 07

### PICC Troubleshooting

\$80

Peripherally Inserted Central Catheters is one device that falls into the group of Vascular Access Devices (VAD's). This workshop utilises clinical scenarios to develop critical thinking skills of the participants. It culminates with the identification of PICC Management Principles that can be implemented into nursing practice both in the acute care and community settings.

1.30pm to 4.30pm ..... 14 Feb 08

### Catheter Troubleshooting

\$80

Utilising clinical scenarios to facilitate development of critical thinking skills and reflective practice, this 'hands on' workshop is a must for all those involved with urinary catheter management. Presented by a Continence Nurse Advisor this session will provide the clinician with practical advice on this challenging area of nursing practice

1.30pm to 4.30pm ..... 9 Apr 08

### Counselling Skills for Nurses

\$80

Have you ever found yourself lost for words when caring for a carer who has just experienced a bereavement?

## Symposiums *continued..*

Have you experienced difficulties in 'connecting' with your client because you 'feel' you don't have the communication skills required? This workshop will provide the participant with the opportunity to develop foundation counselling skills and is facilitated by a psychotherapist.

1.30pm to 4.30pm ..... 4 June 08

## Care Worker Training & Education

### Introduction to Aged Care

\$220

Thinking of a career in Aged Care? This practical and very hands-on course is ideal to meet your needs. Topics covered include communication skills and the elderly, manual handling, mealtime management, and personal care practices.

The course is designed to provide you with a real and tangible insight into working within the Aged Care Sector. This is a no 'punches pulled' workshop with lots of active participation required.

This course is a **prerequisite for Certificate III in Aged Care Work if you have never worked in the industry as a care worker.**

26 & 27 July 07	17 & 18 Jan 08
9 & 10 Aug 07	31 Jan & 1 Feb 08
27 & 28 Sept 07	13 & 14 March 08
29 & 30 Nov 07	8 & 9 May 08
13 & 14 Dec 07	26 & 27 June 08

9am to 4.30pm .....

### Medication Management for Care Workers

\$80

A package designed to provide carers with foundation principles on management of medications. A theoretical test is given at the end of session. **This does not accredit care workers as 'medication competent'.**

9am to 1pm ..... 24 July 07 or 13 May 08  
1pm to 5pm ..... 8 Nov 07 or 21 Feb 08

### Medication Management for Care Workers - Update

\$50

A follow on from the 4 hour medication package, this session intends to build on and extend pre-existing knowledge in a problem based session. **Prerequisite: Medication Management for Care Workers**

2pm to 4pm ..... 16 Oct 07  
10am to 12noon ..... 10 Apr 08

## Distance Education

The RDNS Education Centre offers courses by Distance Education. What better way to study and increase your knowledge than to study at a pace that suits you! All information is provided to the student by comprehensive and interactive learning packages.

### RDNS Certificate in Continence Promotion

\$675

This highly valued course has been written by clinical experts in the field of continence management. The course covers contemporary issues in continence management and encourages you to reflect and think critically about your current and future practice. The course covers areas such as types and causes of incontinence, assessment, management, and gender specific considerations for care.

## Nationally Accredited Courses

### Certificate III in Aged Care Work

This course aims to provide Care Workers with the skills, knowledge and attitudes required by people who wish to work with the aged in residential or community settings. You will be educated by registered nurses and clinical specialists who have extensive experience in aged care settings. Our graduates are highly regarded in the industry after completing their training. Allow us to enable you to be the best carer that you can be.

Regular intakes and information sessions held. All applicants will be required to undertake an entrance test prior to being offered a position in the program.

Traineeship opportunities are available through our partners in group training.

Prerequisite: Introduction to Aged Care or equivalent experience.

### Enrolled Nursing - Diploma of Nursing (pre-enrolment)

The course will prepare participants to become Enrolled Nurses who will then be able to provide skilled care to clients in collaboration with the Registered Nurse.

Prerequisites: Successful completion of year 12, Certificate III (Aged Care) or equivalent or Mature Age Entry. All applicants will be required to undertake an entrance test and selection procedure.

Course duration: 18 months; Course attendance is supplemented with self directed learning packages.

Students will also be required to undertake clinical placement.

## Venue Hire

Sometimes Adelaide just seems too small. Do you need to find a meeting room, or clinical skills lab centrally located to hire for VERY reasonable prices? Contact us we have just the space you are looking for.

## On-site Education & Training

Having difficulty sending staff for education? Don't you wish there was someone out there who could come on site and deliver training for your staff?

WELL - LOOK NO FURTHER!

One of our strongest support services is the provision of training and education in your workplace. That means we may train up to 20 people at a time, which makes financial and logistical sense. Is there any cheaper way of offering education to your staff??

Topics may be tailored specifically to your organisation's needs and requirements. All that is needed is an area to train in with appropriate seating, air flow and space. Our on-site training packages include course handouts and certificates of attendance.

Some topics that are commonly requested are:

- Continence Management
- Diabetes Management
- Health promotion
- Infection control
- Medication Management for Care Workers and Nurses
- Principles of Palliative Care
- Pharmacology
- Wound Care Management

## Facilitation

Another great service we offer is facilitation of planning days.

The financial investment for the day includes the services of a skilled facilitator, venue, catering (if required), amenities (such as tea, coffee and filtered water) and equipment (such as an electronic whiteboard).

For an additional fee the facilitator will collate the data for you and generate an evaluation of the day.

## General Information

Unless otherwise indicated, one day workshops and courses are suitable for Registered and Enrolled Nurses who wish to update or increase their knowledge in specific areas. All workshops are held at The Education Centre, 44 Greenhill Road, Wayville unless otherwise stated. Student access to the building will be from 8.30am.

Morning and afternoon tea is provided, your own lunch will need to be supplied. An information package and Certificate of Attendance is provided. All prices are GST inclusive.

### Disclaimer

Participants are reminded to read the RDNS Disclaimer on the individual course brochures. Program may be subject to change.

### Registration

Send your completed form with payment (cheque, money order or credit card) to the Education Centre, RDNS. Registration is essential.

### Cancellation of Registration

Ten working days notice of cancellation of registration is required otherwise a 50% cancellation fee applies. For all other cancellations a 10% Administration Fee will apply.

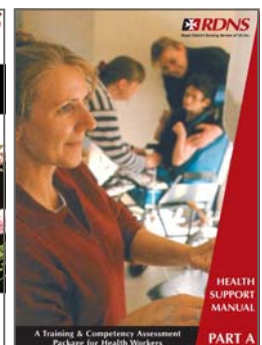
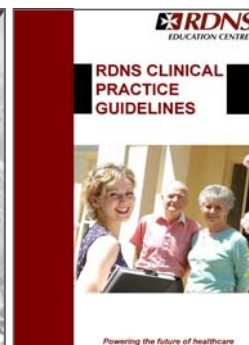
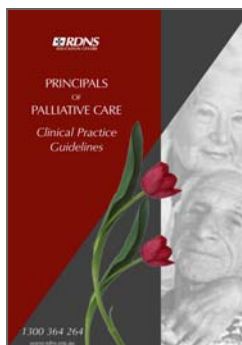
**Book your place today by completing the Registration form attached or download from the website at [www.rdnseducation.edu.au](http://www.rdnseducation.edu.au)**

## Publications

We also have a range of publications available for sale to support your organisation. These include:

- RDNS Clinical Practice Guidelines (Nursing Practice Manual) - \$330
- Palliative Care Guidelines - \$95
- Infection Control Package - \$30

- Health Support Manual (Training and Competency Assessment Package for Health Workers)  
Part A - \$250  
Part B - \$200  
Part A & Part B - \$400 (if purchased at the same time)



Current clinicians deliver the most contemporary and evidence based material.

We are a centre of excellence in community and aged care education, hence, who better to meet your education needs.

*We are powering the way forward in health care education.*

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