

SA Gerontology Level 1 Course

Start and Finish Times	Topic or Element	Presenter's name
DAY 1 Saturday 1st November 2008		
9.00 – 9.15	Registration & Refreshments	
9.15 – 10.15	Gait changes with Ageing	Dr Shylie Mackintosh
10.15 – 10.30	Morning Tea	
10.30 – 11.30	Movement Disorders, PD etc Characteristics and Pathogenesis	Tori Wilckens
11.30- 13.00	Falls and Balance, Latest Theory and Implication of Evidence	Michele Sutherland
13.00– 13.45	Lunch	
13.45 – 15.15	Outcome measures- Theory and Practical	Michelle Guerin
15.15 – 15.30	Afternoon Tea	
15.30 – 16.30	The Ageing Process	Dr Shylie Mackintosh
DAY 2 Sunday 2nd November 2008		
9.30 – 10.30	Cognition, depression, delirium and dementia	Dr Solomon Yu
10.30 – 10.45	Morning Tea	
10.45 – 11.45	Medications in the Elderly	Grant Kardachi
11.45- 12.45	Continence in the elderly	TBA
12.45 – 13.30	Lunch	
13.30 – 14.30	Strength training in the older person	Kade Davison
14.30 – 15.00	Afternoon Tea	
15.00 – 16.00	Cardio / circuit training and aerobic training in the older person	Amanda Foley
16.00- 17.00	Cardio respiratory conditions in the older person	Frances Hardy
DAY 3 Saturday 22nd November 2008		
09.30- 12.00	Case study presentations	Facilitated by the committee
12.00– 12.30	Award Certificates and home	