



Dementia Workshops - Special Guest Speaker in NT

June 2009

Professor Richard Schulz

Professor of Psychiatry, Director of the University Center for Social and Urban Research, Director of Gerontology, and Associate Director of the Institute on Aging at the University of Pittsburgh, USA

Will present workshops on

1. Health effects of caregiving—this is an overview of more than two decades of research that describes how caregiving affects the health of caregivers at different stages of the caregiving career (taking on the caregiving role, the effects of increasing caregiving demands, and moving out of the caregiving role as a result of bereavement or placement of the care recipient). Both physical and psychiatric morbidity effects are reviewed, including our work on the caregiving as a risk factor for mortality.
2. Interventions for AD caregiving—this provides an overview of intervention research on caregiving with special emphasis on the REACH trial, the largest caregiver intervention study conducted in the US.
3. Caregiver interventions: What works and how good is the evidence?—this talk focuses on the pragmatic of designing and implementing caregiver interventions. It focuses on specific recommendations on what makes a good caregiver intervention.
4. Suffering in Caregiving—this focuses on care recipient suffering and how this is a unique and important cause of caregiver distress. We define what we mean by suffering; show how it is different from other disease attributes such as disability and cognitive impairment. We further show how it can be measured and we demonstrate that it is an important independent cause of poor health in caregivers.

Please note that due to time constraints Professor Schulz will cover only topics 1 & 3 above in Alice Springs, and all 4 topics in Darwin.

- **Alice Springs, Tuesday 9th June,
10:00am to 1:00pm
at All Seasons Oasis Hotel, 10 Gap Road, Alice Springs (tel: 8952 1444)**
- **Darwin, Wednesday 10th June,
9:30am to 4:30pm
at the Novotel Atrium Darwin (Brolga Room), 100 The Esplanade, Darwin
(tel: 8941 0755)**

REGISTRATIONS ARE ESSENTIAL

Please complete the registration form below.

Registrations close on 2nd June 2009.

Places are limited to 50 per workshop and registrations will be placed in order of receipt.

There is no cost to participants as these workshops are funded by the Australian Government as part of the Dementia Training Study Centres for Health Professionals Project.

Registration is essential as places are limited. Please advise if you need to cancel your registration.

REGISTRATION FORM (#8-Schulz)

One form per person, please photocopy for multiple use.

Name:			
Organisation:			
Contact details:	Phone b/h:		
	Phone a/h:		
	Email:		
In accordance with Alzheimer's Australia SA Inc Privacy Policy any details you supply will be secure and remain confidential.			
Discipline: <i>(Required for reporting to funding body.)</i>	<input type="checkbox"/> Doctor/specialist	<input type="checkbox"/> Social Worker	
	<input type="checkbox"/> Nurse	<input type="checkbox"/> Speech Pathologist	
	<input type="checkbox"/> Occupational Therapist	<input type="checkbox"/> Other, please specify: _____	
	<input type="checkbox"/> Physiotherapist	<input type="checkbox"/> Student: <input type="checkbox"/> Post-graduate	
	<input type="checkbox"/> Psychologists	<input type="checkbox"/> Under-graduate	
Workshops:	<input type="checkbox"/> Professor Richard Schulz - Alice Springs, Tuesday 9th June, 10:00am to 1:00pm Morning tea will be provided to participants attending the half-day workshop in Darwin.		
	<input type="checkbox"/> Professor Richard Schulz – Darwin, Wednesday 10th June, 9:30am to 4:30pm A light lunch will be provided to participants attending the full-day workshop in Darwin. Please indicate any special dietary requirements: _____		
For further details, please contact: The SA & NT DTSC ph: 8372 2100; email: dtsc@alzheimerssa.asn.au			
Please forward completed registration form no less than five working days before course commencement to: SA & NT DTSC, c/o Alzheimer's Australia SA Inc, 27 Conyngham Street, Glenside, 5065; fax: (08) 8338 3390; email: dtsc@alzheimerssa.asn.au			

Training to care for people with dementia

South Australia and Northern Territory Dementia Training Study Centre

Lead by Alzheimer's Australia SA Inc in partnership with Aged and Community Services SA & NT Inc, Batchelor Institute of Indigenous Tertiary Education, Charles Darwin University, ECH Inc, Flinders University, Masonic Homes Inc, South Australian Government: Department of Health, Southern Adelaide Health Service: Flinders Medical Centre, The University of Adelaide, and University of South Australia.