



## TAI CHI CHAIR

**Presenter: Rosemary Palmer, Principal Teacher,  
Moving Meditation School of Tai Chi and Qigong**

<b><u>Dates:</u></b>	<b>11<sup>th</sup> &amp; 12<sup>th</sup> March 2009</b>
<b><u>Venue:</u></b>	<b>Office for Recreation and Sport, 27 Valetta Rd. Kidman Park</b>
<b><u>Times:</u></b>	<b>Day 1 → 8.45am (Registration) 9.00am - 4.15pm (Program) Day 2 → 9.00am – 4.15pm</b>
<b><u>Cost:</u></b>	<b>\$400 includes lunches and morning teas, Training course, Tai Chi Chair DVD and Certificate of Attendance</b>

Tai Chi Chair is a combination of traditional and contemporary Tai Chi forms based on the very popular Yang style of Tai Chi. It has been created by Rosemary Palmer exclusively for Active Ageing Australia® and is designed to compliment the EMAA course. It is primarily chair-based but includes footwork for those participants that are more mobile.

**Pre-requisite: Current Easy Moves for Active Ageing® (EMAA) Training Accreditation**

*Send booking form with payment to: 73 Wakefield St, Adelaide SA 5000 or fax to (08) 8232 9020  
Telephone enquiries (08) 8232 9077*

***Registrations and full payment will not be accepted less than 14 days prior to the training course.***

***If you do not receive a confirmation letter at least 10 days prior to the training course we have not received your registration form and you are not booked in for the course. Please contact us immediately.***

**Non-Attendance Policy** – if notification of inability to attend is received up to 14 days before the training, a full refund less \$50 administration fee will be paid. If notification of inability to attend is received less than 2 weeks before the training only a 50% refund will be paid. No refund will be given for notification of non-attendance less than 7 days before the event unless in exceptional circumstances. Active Ageing Australia® also disclaims all liability from actions taken in response to information presented by trainer/s at the course.



COURSE CODE: TCC0309

Registration Form/ TAX INVOICE

ABN: 61 344 159 843

Please print details clearly

Name: Dr/Mr/Mrs/Miss/Ms \_\_\_\_\_

Home Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Organisation: \_\_\_\_\_

Position: \_\_\_\_\_

Address: \_\_\_\_\_ Postcode: \_\_\_\_\_

Invoicing & receipt address (if different from above): \_\_\_\_\_

\_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone - Home: \_\_\_\_\_ Business: \_\_\_\_\_

Mobile: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

Special dietary requirements? \_\_\_\_\_

Payment Method: (please tick one)

Cheque (made payable to Active Ageing SA Inc.)

Electronic Funds Transfer (EFT):

Name: Active Ageing SA

Bank: Bank SA

BSB: 105 157

Account Number: 586039140

Credit Card

Visa  Bankcard  Mastercard

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_

Cardholder Name (PRINT): \_\_\_\_\_

Signature: \_\_\_\_\_

**Tai Chi Chair Total Cost: \$400.00**

How did you hear about the Tai Chi Chair Training?

Fax promotion

Email

Colleague

Active Ageing Australia website

'Taking Action' Newsletter

Other \_\_\_\_\_